WEEK COMMENCING 02/10/2017	2													
MAIN COURSES	GLUTEN	WHEAT	EGG	MUSTARD	MILK	SOYA	FISH	SESAME	CELERY	SULPHITES	CRUSTAC	MOLLUSC	LUPIN	PEANUT/NUT
Spaghetti Bolognaise	GLUTEN	WHEAT			MILK				CELERY					
Garlic Bread	GLUTEN	WHEAT			MILK									
Sausage Plait	GLUTEN	WHEAT	EGG		MILK									
New Potatoes														
Peas & Sweetcorn														
Chicken Korma				MUSTARD	MILK	SOYA								
Naan Bread	GLUTEN	WHEAT			MILK									
Mango Chutney														
Roast Pork														
Stuffing	GLUTEN	WHEAT												
Cabbage & Carrots														
Roast Potatoes														
Battered Cod	GLUTEN	WHEAT			MILK		FISH							
Chips														
Tartare Sauce			EGG	MUSTARD	MILK									
VEGETARIAN OPTIONS														
Spinach & Ricotta Tortellini	GLUTEN	WHEAT	EGG		MILK									
Homemade Tomato Sauce									CELERY					
Mushroom Stroganoff & Rice	GLUTEN	WHEAT			MILK									
Spinach & chickpea Curry & Rice				MUSTARD	MILK	SOYA								
Naan Bread	GLUTEN	WHEAT			MILK									
Baked Sweet Potatoes														
Onion & Cream Cheese					MILK									
Penne Pasta Tomato & Mascarpone	GLUTEN	WHEAT			MILK									
Garlic Doughballs	GLUTEN	WHEAT			MILK									
GRAB AND GO ITEMS														
Mexican Chicken Tortilla Wrap	GLUTEN	WHEAT				SOYA								
Cheese & Tomato Pizza	GLUTEN	WHEAT			MILK									
Cheese & Pepperoni Pizza	GLUTEN	WHEAT			MILK				CELERY					
Nachos														
Beef Chilli	GLUTEN	WHEAT							CELERY					
Bean Chilli														
Cheese					MILK									
Salsa														
Guacamole														
Chicken Sizzler in a bun	GLUTEN	WHEAT												
Mayonnaise			EGG	MUSTARD										
BBQ sauce				MUSTARD		SOYA								
Cheese & Ham Panini	GLUTEN	WHEAT			MILK									
Cheese & P Meatball Panini	GLUTEN	WHEAT	EGG		MILK				CELERY					
Cheese Tomato & Onion Panini	GLUTEN	WHEAT			MILK									
JACKET FILLINGS														
Cheese					MILK									
Tuna Mayo			EGG	MUSTARD			FISH							
Chciken Mayo			EGG	MUSTARD										
Chicken Korma			EGG	MUSTARD	MILK	SOYA								
PASTA SALADS														
Pesto	GLUTEN	WHEAT			MILK									
Chicken & Sweetcorn	GLUTEN	WHEAT	EGG	MUSTARD										
Tuna Mayo	GLUTEN	WHEAT	EGG	MUSTARD			FISH							
DESSERTS & SMOOTHIES														
Angel Delight					MILK									
Cheese cake	GLUTEN	WHEAT			MILK									
Jelly														
Fruit Smoothies					MILK									